

THE RUTHERFORD *Report*

THE NEWSLETTER OF SECOND DISTRICT SUPERVISOR JANICE RUTHERFORD

March 2012



Supervisor Rutherford speaks with guests during a breakfast event on January 31 in Upland. The next "Breakfast with your Supervisor" will be held on March 15 in Rancho Cucamonga.

There is frequently more
to be learned from the
unexpected questions of a
child than the discourses
of men.

— John Locke

Goodwin's Oak Trunk Keeps It Old Fashioned

Hand-dipped chocolates, homemade fudge, ice cream by the scoop, stationary, craft items, and other knickknacks give Goodwin's Oak Trunk in Crestline the feel of an old five-and-dime store.

The story of how the Oak Trunk came to be cannot be told without a brief history of Goodwin's Market in Crestline.

It begins in the early 1940s when George D. Goodwin and his father, George C. Goodwin, took regular trips to

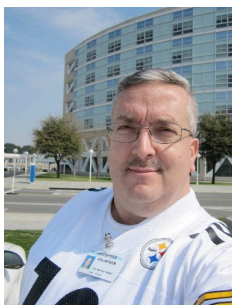
Crestline to fish at the recently created Lake Gregory. Later on, George Jr. went off to fight in World War II while his father continued working in the oil fields in Long Beach.

George Jr. wrote letters to his father about how nice it would be to move to Crestline and perhaps even purchase the small market that served the little town.

"They loved the area and loved to fish," said Mike Johnstone, a manager at Goodwin's and grandson of

OAK TRUNK, PAGE 2

Upland Resident Gives Back at ARMC



When Upland resident Paul Palsa injured his leg in 2008, he went to the emergency room of an area hospital for treatment.

Internal complications surfaced several hours after Paul arrived, leading to a blood infection and severe kidney failure.

Things weren't looking good. There was a good chance Paul would lose his leg, and quite possibly, his life.

When doctors realized they did not have the medical expertise needed to treat him, they sent Paul to the hospital

they knew would offer him the best chance of survival—Arrowhead Regional Medical Center (ARMC) in Colton.

ARMC is operated by the County of San Bernardino and is one of 20 "safety net hospitals" in the state that provide care to indigent and uninsured residents. ARMC may not seem like the first choice for a patient like Paul with full medical coverage, but sometimes perceptions don't match up with reality.

After Paul arrived at ARMC, trauma surgeon Dr. David T. Wong and his team of doctors and nurses went to work to save Paul's leg and his life. Following successful surgeries,

PALSA, PAGE 2

PALSA, CONTINUED FROM PAGE 1

Paul spent several weeks in the intensive care unit recovering. He recalls hearing nurses and doctors stopping by his bedside to offer words of encouragement.

"They pulled me through," said Paul, who was initially given a 50/50 chance at survival. "The team at ARMC is world-class. They worked very hard and truly pulled me back to life."

After 71 days in the hospital, Paul was released from ARMC, but it took more than a year and lots of therapy for him to regain the strength in his leg and to begin walking normally.

Paul's life-changing experience at ARMC prompted him to become actively involved with the ARMC Foundation, a nonprofit that supports the mission of the Medical Center with financial support from residents and local businesses.

Paul, who formerly worked as a newspaper reporter and public relations representative, assists ARMC Foundation director Frank Reyes and is involved with everything from grants to fundraising and special events. Last year, he handled media relations responsibilities for the Burn Institute-Inland Empire, an ARMC nonprofit that helps children with burn injuries.

During his time as a volunteer, Paul has learned a lot about the services ARMC provides and the positive contributions it makes to the community, including operating a mobile clinic that provides health services in rural areas.

Unbeknownst to many, ARMC does not receive tax dollars from the county, but it does receive funding from the state and federal government.

"Arrowhead is a very unique institution," he said. "ARMC has the only Burn Center in the region, serving a four-county area. It is a Stroke Center with family medicine, primary care and outpatient services. It has one of the best Trauma Centers anywhere and one of the most utilized ERs in the state. ARMC carries more than its share of the load, proving every day how strong and exceptional it is."

Paul has seen friends seeking treatment at ARMC after being laid-off and losing their health insurance coverage, over the last couple years.

"They come to ARMC and sometimes are surprised to find out what a wonderful and friendly place it is," Paul said. "And they appreciate that the door is always open, for them and their families."

For information about the ARMC Foundation, call (909) 580-3135.

OAK TRUNK, CONTINUED FROM PAGE 1

George D. Goodwin.
"They would come up to Lake Gregory to fish every chance they got. They wanted to get out of the Long Beach area and move somewhere a little more simple."

In 1946, the Goodwins purchased the small market on Huston Flats Road, which is now known as Lake Drive. Getting goods to sell was no easy task because of war rationing, but the family made it work by traveling up and down the hill and around the mountains to buy from various suppliers.

The business grew along with the town, and, in the early 1960s, the Goodwins decided it was time to expand. They purchased the property next door and built a larger store to



A fresh coat of snow tops Goodwin's Oak Trunk located at 23919 Lake Drive in Crestline. The store was formerly a Goodwin's Market.

serve the influx of new residents and visitors.

About two decades later, the Goodwins wanted to expand again, so they purchased a piece of land across from Lake Gregory and built the existing Goodwin's Market. The family did not want to close the old store

entirely, so they transformed a portion of it into the Oak Trunk and leased the remainder to the U.S. Post Office.

Today, the Oak Trunk continues to provide an eclectic mix of gifts and knickknacks, and, of course, a taste of some good old-fashioned, homemade candies.

The Oak Trunk is located at 23919 Lake Drive in Crestline.

Shake Roof Replacement by July 2014

Mountain and foothill homeowners who have wood shake roofs will be required to have new roofs in about two years under an ordinance adopted by the San Bernardino County Board of Supervisors in 2008.

The ordinance requires all roof coverings within Fire Safety Overlays—a.k.a. high-risk fire areas—must be either noncombustible or made of fire retardant material by July 2014.

The County Fire Department is currently identifying homes with shake roofs so owners can be notified by mail and on-site visits about the ordinance, which was implemented to help slow the spread of wildfires in the mountains. County fire is also actively seeking grants to help homeowners cover the cost of replacing shake roofs.

There are three ways a wildfire can cause a home to burn: direct flames, radiant heat, or flying embers.

Out of these, flying embers cause the most house fires, and home roofs are the most susceptible to these airborne cinders.

Shake roofs are extremely vulnerable to flying embers because of their low ignition points. According to a study that looked at about 2,000 California homes burned in wildfires, homes with untreated wood roofs are between 2 to 21 times more likely to be destroyed in a wildfire.



In addition, shake roofs can exacerbate the spread of wildfires because burning wood shakes peel off and become airborne cinders. Roofs aren't the only factor when it comes to the spread of wildfires. Homes without adequate vegetation clearance are highly susceptible to fire. State law requires property owners in fire prone communities to have 100 feet of defensible space around their homes.

This includes removing all potentially fire-prone vegetation, but not all vegetation from 30 feet immediately surrounding a property, and creating space between trees and other vegetation for an additional 70 feet around the property. Fire prone vegetation includes juniper, manzanita and dense thickets of small pine trees that are easily ignitable and give off significant heat when they ignite.

Homeowners should remove needles and leaves from roofs and gutters. Tree limbs should be trimmed at least 10 feet from chimneys, and dead limbs hanging over homes should be removed. Additionally, homeowners are required to have a chimney outlet with no more than half-inch mesh. Also, homeowners should make sure all roof vents and openings are covered with 1/8th inch screening to restrict the entry of burning embers into the attic space of the house during a firestorm.

For more information, visit www.sbcfire.org.

2nd District Trivia

Last Issue's Answer: First District Supervisor Nancy E. Smith was the first woman to serve as Chair of the San Bernardino County Board of Supervisors. She was the second female board of supervisors chair in California. She served on the Board from 1956 to 1976.

Question: What was the name of the original colony that today is known as Alta Loma?

Contact Information

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Upcoming Events

March 10, 2012	The 3rd annual Hoops for Hope Basketball Tournament will be held from noon to 6 p.m. at Los Osos High School in Rancho Cucamonga. Local firefighters will make up teams in the tournament, which raises money for San Antonio Community Hospital's Cancer Education Center and City of Hope.
March 10, 2012	The City of Upland will host "Meet the Expert" from 2 to 3:30 p.m. at the Carnegie Cultural Center. This month's event will feature an insightful talk about the opera <i>La Boheme</i> from a member of the LA Opera's Community Educators.
March 10, 2012	Arrowhead Regional Medical Center will host the Community 5k Walk or Run for Better Health and Fitness Expo from 7 to 11:30 a.m. The hospital is located at 400 North Pepper Avenue in Colton. Call (909) 580-1000 for more information.
March 12, 2012	Learn how to download library books to Nook, Kindle, and iPad during this class from 5:30 to 6:30 p.m. at the Upland Public Library Multi-Purpose Room located at 450 N. Euclid Avenue. Please sign up for a spot in this workshop at the Adult Reference Service Desk or by calling (909) 931-4205.
March 13, 2012	The Crest Forest Senior Citizens Club will host a lunch for seniors at noon at the Leisure Shores Community Center located at 24658 San Moritz Dr. in Crestline. This event is held every Tuesday at the same time and place.
March 16, 2012	The Fontana Senior Center located at 16710 Ceres Avenue will host a St. Patrick's Day party from 10 a.m. to 2 p.m. Call (909) 854-5151 for information.
March 19, 2012	The Crestline Library located at 24105 Lake Drive in Crestline hosts free yoga classes every Monday and Wednesday at noon. Come stretch out your tensions at the library overlooking Lake Gregory.
March 22, 2012	Upland Mayor Ray Musser will present the 2012 Upland State of the City Address at Western Christian School located at 100 W. 9th St. This event includes 30 minutes of networking beginning at 11:00 a.m., followed by lunch and address at 11:30 a.m. The cost is \$25 for Upland residents and Chamber members. For more information and ticket purchases, please contact the Upland Chamber of Commerce at (909) 204-4465.
March 22, 2012	Come test your skills against other teens at our video game tournaments every Thursday during Teen Game Night at the Lewis Library and Technology Center located at 8437 Sierra Avenue in Fontana. This free event will take place from 4 to 5 p.m.
March 23-25, 2012	NASCAR returns to the Auto Club Speedway of Southern California in Fontana. Call (800) 944-RACE (7223) for event and ticket information.
March 25, 2012	The Rancho Cucamonga Animal Center will host a foster care orientation session from 10:30 to 11:30 a.m. for people who would like to foster puppies and kittens or adoptable pets recovering from surgeries. Call (909) 466-7387 for information.
March 26, 2012	Unravell'd—a local knitting club—meets every Monday at 1:30 p.m. at the Crestline Library located at 24105 Lake Drive in Crestline.
March 29, 2012	The 11th annual Upland Literacy Trivia Bee annual will be held from 6 to 8:30 p.m. at the Carnegie Cultural Center located at 123 D Street in Upland. The event pits local groups against each other to raise money for the Upland Public Library's literacy programs. Call (909) 931-4212 to sign up your team or for more information.

Dates and times are subject to change without notice. Please contact Supervisor Rutherford's office at (909) 387-4833 if you have any questions or suggestions for the Events Calendar. You can view information about more local events on Supervisor Rutherford's home page at www.sbcounty.gov/rutherford.



Breakfast with your Supervisor
 Claim Jumpers, 12499 Foothill Blvd., Rancho Cucamonga
 March 15, 2012—8 a.m.
 \$12 per person

RSVP (or for more information): (909) 948-5037